

BERGEN'S TOP DOCTORS



DR. I. DAVID BOUGH, JR.

"Despite our size, we treat one patient at a time, giving them the individualized attention they deserve. Our practice features state-of-the-art care for ear, nose, throat and allergy disorders. We offer a variety of highly specialized procedures that utilize the latest medical technology," explains Dr. I. David Bough Jr., a partner in the tri-state area's largest ENT doctor, allergy and audiology practice.

It only takes a few basic figures to comprehend the diversified scope of ENT and Allergy Associates' staff, their expertise and experience. For starters, there are more than 100 board-certified physicians affiliated with ENT and Allergy Associates, 15 fellowship-trained subspecialists and 49 doctors with academic appointments at metropolitan area hospitals.

Dr. Bough's high caliber of training and experience is typical for the practice. Born and reared in Bergen County, he earned his medical degree from Jefferson Medical College, and completed his residency in Otolaryngology-Head and Neck Surgery at Thomas Jefferson University Hospital in Philadelphia in 1994.

Dr. Bough keeps abreast with the latest developments in the field. He has sought additional training in the use of lasers, the treatment of voice disorders, head and neck cancer, and endoscopic sinus surgery.

A fellow of both the American Academy of Otolaryngology and the American College of Surgeons, Dr. Bough became the first Otolaryngologist to perform Balloon Sinuplasty in both Bergen and Rockland counties and continues to be a leading pioneer in this breakthrough technique. Prior to joining ENTA in 2005, he

maintained a private practice in Bergen County for 8 years.

Dr. Bough possesses a calm, reassuring personality and is especially adept at dealing with younger patients facing tonsil and adenoid surgery; he is one of the first physicians to embrace the Coblation Tonsillectomy Technique and P Implantation. He also has a special interest in caring for patients with thyroid and parathyroid disease, nasal and sinus obstruction, sleep disorders and snoring.

A sought-after speaker on both the local and national level, Dr. Bough maintained an academic affiliation with his alma mater, Jefferson Medical School, between 1994 and 2005 as assistant professor, a position he currently holds at Mt. Sinai Medical Center in Manhattan. He also enjoys full privileges at The Valley Hospital, Good Samaritan Hospital, Nyack Hospital and Surgicare of Ridgewood.

Along with West Nyack, N.Y., ENTA has local offices in Englewood, Wayne and Hoboken. Another convenience is evening and weekend hours, plus prompt appointment scheduling. ENTA services include diagnostics and treatment for sleep apnea and other sleep disorders, sinusitis and allergy treatment, facial plastic surgery, pediatric ENT care and surgery, hearing disorders, digital hearing aids, rhinoplasty and vertigo treatment.

(From left to right: Dr. I David Bough Jr., Dr. Jonathan Lesserson, Dr. Eric Roffman, Dr. Justin Skripak, Dr. Jason Surow, Dr. Robert Cusumar)

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