Substances capable of provoking allergic reactions are called allergens. Allergies to airborne allergens—such as house dust mites, mold, pollen and animal dander—affect over 50 million people in America today. Although widespread, allergies are treatable and the symptoms are controllable. Depending upon your individual situation, your allergist will recommend one, two or all three of the following treatments:

1. **ALLERGEN AVOIDANCE:**
   Eliminating or decreasing your exposure to the substance to which you are allergic. The less of the allergy-causing material to which you are exposed, the more comfortable you will be, and the less medication you will require.

2. **MEDICATION:**
   Using pharmaceuticals in various forms to block the symptoms of allergy. Although this does not do anything to eliminate the specific allergy causing those symptoms, it is at times a necessary part of treatment, especially in asthma, severe nasal allergy or eczema.

3. **IMMUNOTHERAPY:**
   Administering the actual substances to which you are allergic, in order to produce a degree of tolerance to them. The allergist at first gives extremely small amounts of the allergens, and then very slowly and gradually increases the dose over time, thereby decreasing your degree of sensitivity. Although usually given as allergy injections, in some situations treatments may be given by mouth.
Hello. I’m Dr. Jeffrey Miller, a Board Certified Allergist retired from 32 years of clinical allergy practice, and currently a dust mite researcher and President of Mission: Allergy. Thirty years ago I saw a need for a reliable source of allergen-avoidance products for my patients, and started a company to fill that need. The result today is Mission: Allergy.

Recently, many stores and outlets have offered products designed to appeal to allergic patients. But Mission: Allergy is unique in its focus on medical and scientific accuracy. This applies both to the advice given in this first part of our Allergy Self-Help Guide, and to the products shown in the second part of the Guide. We only sell items that have been shown in scientific studies to be effective.

The products that we manufacture ourselves are made to the highest specifications, appropriate for medical use. The other products that we distribute have in every case been carefully selected to be the best of their class. And just as important as what we sell is what we don’t sell. There are many products that you will not see in this Guide. That is because they either have not been proven to work, or have actually been shown to be ineffective.

We are proud that our company is recommended by many of the finest allergists and academic allergy departments in the country. We have earned their trust due to our high scientific and ethical standards. We look forward to serving your needs with those same high standards and with our exceptional customer service.

Sincerely,

Jeffrey Miller, MD
Once your allergist has identified the specific substances causing your symptoms, you should then reduce your exposure to those allergens as much as possible. This is the most fundamental starting place, especially when symptoms are the result of allergy to materials present in the indoor environment. In some cases, exposure can be eliminated or decreased to the point that no other treatment is necessary. In other cases exposure can be decreased only partially, making other types of treatment necessary. But even in those situations, less treatment will be required, and it will work better, if you have first decreased exposure.

When thinking about decreasing exposure, it is useful to keep in mind the analogy between the level of an individual’s “allergic threshold” and the capacity of a glass. If too much water is poured into the glass, it will overflow. This happens regardless of whether all of the water came from a single pitcher, or whether some water was poured from each of several pitchers. If the total amount of water exceeds the capacity of the glass, the glass will overflow. Similarly, if an individual is allergic to one or more substances, the sum total of exposures at a given time (the “total allergen load”) determines whether or not the person’s threshold will be exceeded and symptoms will result. Successful allergen avoidance does not necessarily mean lowering exposure to zero. It does, however, require making significant decreases in exposure, to get the level of allergen in your environment below your allergic threshold.

- If it is a hard surface, WIPE
- If it is a washable fabric, WASH
- If it cannot be wiped or washed, ENCASE
- If it cannot be wiped, washed, or encased, REMOVE
- If the indoor air is not dry, DEHUMIDIFY

Throughout this guidebook you will see statements by prominent allergy specialists (who do not receive compensation from Mission: Allergy) and from publications. All institutions* are mentioned for identification purposes only; statements do not constitute an endorsement by the institution.

“I use your Self-Help Guide because I can rely on it to be accurate and balanced, and to provide quality products to my patients. The information about allergy is useful and not distorted by a sales pitch, as it is with some other companies. Your company sells only products that have been shown to be effective.”

Andrew Saxon, MD
Chief, Division of Clinical Immunology & Allergy
UCLA School of Medicine*

“Mission: Allergy literature contains very useful, informative and factual information that I use when I discuss avoidance measures with my patients who suffer from respiratory allergies, and also provides an excellent resource for reliable products that are appropriate for allergic patients.”

Richard R. Rosenthal, M.D.
Chief: Allergy Section
INOVA Fairfax Hospital*

“Mission: Allergy is most capably led by Dr. Jeffrey Miller. I know of no one who is any more skilled at understanding how to control dust mite exposure than Dr. Miller. He has utilized this extensive expertise in the design of his excellent product line.”

Gaiilen D Marshall, Jr., MD PhD
Chair of Allergy and Immunology; Professor of Medicine, Pediatrics and Pathology
The University of Mississippi Medical Center*
WHAT IS DUST ALLERGY?
Dust allergy is actually a sensitivity to substances in the waste particles and body fragments of house dust mites.

IS EVERYONE ALLERGIC TO DUST?
While almost everyone is irritated by exposure to large amounts of dust, only some people have a true allergic reaction to house dust. This true allergic sensitivity is just as real and just as specific as an allergy to ragweed, tree pollen or cat dander. It may cause nasal symptoms, eye inflammation, asthma or eczema (atopic dermatitis).

WHAT ARE DUST MITES?
Dust mites are microscopic creatures that live in pillows, mattresses, blankets, carpets and other soft materials. They are often thought of as insects, but are actually tiny arachnids, relatives of spiders and ticks. They live near people and other warm-blooded animals. Their food is the dead skin scales that we all shed every day.

Dust mites avoid the light, and require at least 50% relative humidity to survive. They are therefore plentiful in soft materials, such as pillows, mattresses and blankets, where they can burrow into the fabric to get away from the light. Beds provide the warmth, darkness, high humidity and shed skin scales that mites crave, and they are the source of the biggest mite exposure for most of us. A mattress may contain over a million dust mites. A female mite lays about 60 eggs in her lifetime. Each mite lives for about 80 days, during which time it produces one thousand allergy-causing waste particles.

Live mites themselves are not inhaled. Rather, it is the waste particles that they have produced, and the body fragments of dead dust mites, that become airborne, are inhaled and cause allergy symptoms. This is because mites do not live in the air, but are burrowed in soft materials. Mite waste particles become briefly airborne when one walks on a carpet, sits on an upholstered chair, places one’s face on a pillow, makes a bed, or otherwise disturbs the soft materials where the dust mites are living.

WHAT CAN BE DONE TO DECREASE EXPOSURE TO HOUSE DUST MITES?
Efforts should focus on the bedroom, where mite numbers are highest, and where most people spend a third of their life. Steps should be prioritized, taking first those actions that are relatively easy, but that produce large decreases in exposure.
START WITH THE BEDROOM:

IMPORTANT STEPS

1. Encase pillows, mattress and box spring in allergen impermeable covers, to prevent mite allergens from escaping and being inhaled. An alternative is to purchase a new pillow manufactured with an allergen barrier outer fabric.

If there is more than one pillow on the bed, all of them should be encased, or replaced with barrier fabric pillows.

2. Use washable blankets, and wash all bedding every 2 weeks. This will kill live mites, and wash out accumulated mite allergen. Hot water is recommended, and is essential with newer “High Efficiency” washing machines.

Replace comforters with a special comforter manufactured with an allergen-barrier outer fabric. Because such comforters cannot be colonized by mites, they need not be washed frequently.

3. If possible, remove the bedroom carpet, leaving a wipeable floor (hardwood or tile).

Washable throw rugs may be used, if washed every 2 weeks.

4. Remove stuffed toys, throw pillows, pennants, upholstered furniture, and other non-washable, non-wipeable items from the bedroom.

Washable toys may be kept in limited number if they are machine washed regularly.

OPTIONAL STEPS

1. Remove curtains from the bedroom, using instead wipeable blinds or shades. Alternatively, wash or dry-clean curtains frequently.

2. If you cannot remove the bedroom carpet, use a dry carpet-cleaning product to remove dust and mite allergens.

Avoid shampooing carpets, as the residual moisture can actually increase mite growth.

CLEAN YOUR HOME:

IMPORTANT STEPS

1. Have cleaning done when the allergic person is not present. If the patient does the cleaning, he or she should wear a facemask, and consider wearing goggles.

2. Use a good quality vacuum that entraps allergen and prevents it from blowing out through the exhaust. This is generally accomplished by the use of a HEPA filter.

OPTIONAL STEPS

1. Extend the measures described for the bedroom to the family room: remove carpets, and replace upholstered furniture with wipeable furniture of wood, leather or plastic.

2. Wash and dry-clean clothing frequently, and keep clothing in a closet with the door shut. Store cleaned woolens in individual plastic bags to delay re-colonization by mites.

CONTROL YOUR AIR:

IMPORTANT STEPS

1. Keep humidity below 50% to prevent dust mite growth entirely. Lesser decreases in humidity still suppress dust mite growth and allergen production somewhat. Use air conditioning in the summer, supplemented with an additional dehumidifier.

2. Avoid using a humidifier in the winter, or if one is used, monitor humidity with a gauge, and keep relative humidity below 45-50%.

The following steps are of questionable benefit, and we cannot recommend them based on current information:

- Chemicals to kill mites are not recommended. Benzyl benzoate works very well in the laboratory to kill dust mites on contact, but does not decrease mite allergen levels in homes enough to decrease symptoms. Tannic acid does not affect the mites themselves, but works to inactivate the allergen in their waste particles. It is less effective and shorter lasting than previously believed. Neither of these is recommended by the current National Heart, Lung and Blood Institute or national Allergy Society guidelines.

- Air cleaners, although widely used, are of limited benefit for mite allergy. This is probably because mite allergens in the air settle to the floor within a half-hour after disturbance. Air cleaners are more useful for smaller allergens, such as animal danders, which stay airborne for long periods of time.

- Studies have shown little or no allergen in hot air ducts. Hot air duct cleaning has not been shown to be helpful or needed.
WHAT ARE ANIMAL ALLERGENS?
Cats, dogs and other mammals produce proteins in their skin that can become airborne and cause allergic symptoms. Because of their very small size (much smaller than pollen grains or dust mite particles) these particles remain suspended in the air for long periods of time. It is not the hair of the animal, but rather the dander produced by the skin, that causes the allergic reaction. Even a non-shedding pet produces dander, so the sad truth is that there is no such thing as a non-allergenic breed of cat or dog. However, it is true that some individual cats or dogs produce more allergenic dander than other individual cats or dogs.

WHERE ARE ANIMAL ALLERGENS FOUND?
Animal allergen levels are highest in homes where pets are present. What is surprising, however, is that these allergens are also found (in lesser but still significant amounts) in places—such as schools and workplaces—where pets have never been present, having been brought there on the clothing of pet owners. Dander allergens are sticky, and dander in soft materials, such as carpets, mattresses, upholstered furniture and clothing, can persist for long periods of time. Unless special steps are taken, pet dander can remain in a home for up to six months after the pet has been removed.

WHAT CAN BE DONE TO DECREASE EXPOSURE TO ANIMAL DANDER ALLERGENS?
The medically best solution is the most emotionally difficult: finding a new home for the pet. Although this is a decision that only you and your family can make, the fact is that there is no other action that will as dramatically, effectively and safely eliminate the symptoms of pet allergy. If you are able to remove the pet, the steps noted below will hasten the clearing of residual pet allergen.

If you cannot or will not remove the pet, the following steps will decrease the level of exposure somewhat. Whether or not they will be sufficient to relieve symptoms will depend on the severity of the allergy.

START WITH THE BEDROOM:
1. Keep the pet out of the patient's bedroom at all times.
2. Encase the pillow, mattress and box spring in allergen-proof covers, to prevent previously accumulated dander from becoming airborne and being inhaled. [Not all encasings sold today will block animal allergen. Verify that the encasing blocks dander as well as mite allergens before purchasing.]
3. Wash all bedding including blankets repeatedly, or replace.
4. Remove the bedroom carpet, if possible.

CLEAN YOUR HOME:
1. Vacuum your carpet with a vacuum cleaner that traps the very small dander allergens. This generally requires the use of a vacuum cleaner with a HEPA filter.
2. Confine the pet to a small area that is closed off from the rest of the house, ideally one with a wipeable floor.
3. Minimize direct contact with the pet, and wash hands after touching it. Do not sit on furniture that the pet ever occupies.
4. Bathe the pet twice weekly to temporarily remove allergen from its skin.

CONTROL YOUR AIR:
1. Open windows to allow an exchange of air through the house, so that airborne dander allergen can escape. (This may be counterproductive, however, if the patient is also pollen-allergic.)
2. With windows closed, HEPA air cleaners can remove significant amounts of animal allergen. Air cleaners are more effective at removing animal allergen than dust mite allergen, since the much smaller and lighter dander allergens are always in the air, and thus subject to the filtering effect of the air cleaner.

The following steps are of questionable benefit, and we cannot recommend them based on current information:
- Despite claims to the contrary, there is no evidence that certain breeds of dogs or cats are less allergenic than others.
- Products claiming to remove cat or dog allergen from the skin of the pet are no more effective than ordinary washing.
**WHAT IS MOLD?**

Molds are microscopic fungal organisms. They grow as networks of interlocking filaments that spread on and into organic matter, leading to its decomposition. When clusters of these filaments become large enough, they are visible as fuzzy growths of mold or mildew. Bread mold is a familiar example.

Mold lives by secreting enzymes that break down the organic matter on which the mold is living, making it available as a nutrient for the mold. This breaking-down action is what makes mold damaging to household items such as paper, fabric, or leather. Molds reproduce by forming spores, which travel through the air, settle on other plant or animal organic material, and grow into new clusters of filaments. The mold spores travel over large distances, and are often more numerous than the pollen grains of plants. Proteins in the secretions of the mold filaments, and possibly in the mold spores, are capable of causing allergy in some people.

**WHERE ARE MOLDS FOUND?**

Molds are found primarily in warm, dark and damp locations. Unlike plants, which use energy from the sun to produce food, molds obtain their energy by digesting other organic matter. To do so, they need moisture. Molds grow outdoors, and, if the humidity is high enough, indoors as well. They do not have the clearly defined seasons that pollens do, but are at their peak during months of high humidity, and are absent in outdoor air only if there is snow on the ground. They can grow on grass and on the bark of trees, and are plentiful in fallen leaves and other decaying vegetation. Indoors, they live in areas of high humidity, such as basements or poorly ventilated bathrooms.

**WHAT CAN BE DONE TO DECREASE EXPOSURE TO MOLD?**

**CLEAN YOUR HOME:**

1. Use diluted bleach (1 part to 10 parts water) to eliminate visible mold growth on non-porous surfaces such as showers and shower curtains.

2. Avoid carpets in bathrooms, or use only washable bathroom mats on wipeable floors.

3. Remove any carpeting that has been installed directly on basement concrete floors. Use wipeable, vapor-barrier materials, such as tile or vinyl flooring. Mold-allergic people should not sleep in basement level bedrooms.

**CONTROL YOUR AIR:**

1. Keep humidity under 50% by using air conditioning — possibly supplemented with dehumidifiers — in the summer. Use a gauge to measure indoor humidity. Small air-dryers may be used to prevent mold growth in closets.

2. Avoid over-humidification. Either do not use a humidifier in the winter, or if you do, limit its output so that humidity remains under 50%. Use only humidifiers that have a heating element that prevents mold from growing in the unit itself.

3. Allow moisture to escape from the home. Ventilate the shower and cooking areas. Vent your clothes dryer to the outdoors. Open windows when outside humidity is low.

4. Do not store firewood indoors, and avoid live Christmas trees. Do not repot plants indoors. Mold lives on the bark of trees and in soil.

**AVOID OUTDOOR EXPOSURE:**

1. Avoid greenhouses, antique shops, summer cottages, and musty hotel rooms.

2. Wear a facemask, and possibly goggles, if you must cut grass, rake leaves, work in a barn, or be exposed to compost.
**What is an encasing?**

An encasing is an allergen-proof barrier that completely surrounds a pillow, mattress or boxspring, preventing the escape and subsequent inhalation of allergy-causing particles. All Mission: Allergy pillow and mattress encasings are made from breathable barrier fabric that allows air and water vapor to pass, while blocking all allergens.

**Why are encasings important?**

If you sleep 8 hours a night, you spend one-third of your life in bed! And dust mites are present in very high numbers in beds, where warmth, humidity, and dead human skin cells promote their growth.

**Are they uncomfortable? Do they make noise?**

Not in the least—if they are good quality. Mission: Allergy encasings are soft and breathable, never stiff, hot or noisy.

**Do I still use a pillow case and sheets?**

Yes. The pillow case goes over the allergen-proof pillow encasing, and sheets go over the allergen proof mattress encasing. The pillow case and sheets should be washed in hot or warm water every one or two weeks.

**Should the encasing be washed?**

The allergen-proof encasings should not be washed frequently. Although they are machine washable, frequent washing is unnecessary, since the surface of a high-quality encasing is too smooth to allow dust mite growth or allergen accumulation. Washing may even be counterproductive, since allergen escapes into the air every time the encasing is taken off.

**How should encasings be cared for?**

Simply wipe with a damp cloth or vacuum monthly to remove surface dust. Wash encasings only if they become soiled.

**How are Mission: Allergy encasings different from other encasings?**

They are far superior to other encasings in both the quality of the barrier fabric and the quality of the sewing construction. The differences are immediately obvious.

**Do I need to tape over the zipper?**

All Mission: Allergy encasings are manufactured with interior flaps of barrier fabric that prevent the escape of allergens through the zipper. They do not need to be taped.

**What is the pore size of Mission: Allergy encasings and comforters?**

Mission: Allergy Premium Microfiber has a mean pore size of only 2 microns…the smallest of any microfiber encasing fabric on the market. Mission: Allergy Barrier Fabric II has a mean pore size of 6 microns.

**Why are some items in other catalogs but not yours?**

Because we only sell products that work. If you do not see a product for allergen-avoidance in our catalog, you very likely don’t need it!

**Call our knowledgeable representatives for additional product information.**

Toll Free: 1-877-NOALLER(GY) 1-877-662-5537
“The first step in your mite-control mission: the right pillow and mattress covers. Skip the cheapie versions—their weave isn’t tight enough. Instead, invest in Mission: Allergy Premium Microfiber Allergen-Proof Encasings.”

*Men’s Health* Magazine
“Clearing the Air on Allergies”

“All mattresses, box springs, pillows and comforters should be encased in well-sealed, tightly woven, microfiber ‘mite-proof’ covers from a reputable company, such as Mission: Allergy…”

**abc News**
“Making the Indoors Safer for Allergy Sufferers”
MISSION: ALLERGY® Allergen-Proof Pillow and Mattress Encasings are made with the highest quality sewing construction. The differences from competitive products are immediately apparent. All seams and edges are bound with seam binding for durability. All zippers are highest quality, with interior zipper flaps to prevent possible allergen escape through the zipper webbing. And placement of encasings on the mattress is easy, thanks to super-long zippers — half the circumference of the entire mattress!

**Comfort**
MISSION: ALLERGY® encasings are comfortable because they “breathe”. Air moves freely through them, even though allergens cannot!

**Protection**
MISSION: ALLERGY® encasings prevent the escape of allergens. These amazing fabrics are so tightly woven that water actually beads up on their surface!

**Durability**
MISSION: ALLERGY® encasings are made to last. Bound seams, zipper flaps, and quality zippers ensure lasting value.

MISSION: ALLERGY® manufactures its own allergen-proof encasings from two exclusive fabrics, available only from MISSION: ALLERGY®.

**MISSION: ALLERGY Premium Microfiber®**
This silky soft, premium quality microfiber fabric is strong but lightweight, and totally imperceptible beneath the pillowcase and sheets. It is an extremely tightly woven, true microfiber fabric with a mean pore size of only 2 microns, the smallest of any commercially available microfiber encasing. It allows the free passage of air and moisture, but prevents the escape of allergens, both dust mite allergens as well as the smaller animal dander allergens. It is the ultimate in comfort, protection, and durability. 100% microfiber polyester. Lifetime warranty.

**MISSION: ALLERGY Barrier Fabric II®**
This high quality fabric is an exceptional value, providing protection and durability at a moderate price. It is an effective allergen barrier, with a mean pore size of 6 microns, and is sewn with the same quality construction as our top-of-the-line Premium Microfiber encasings. For effectiveness at a midline price, these encasings have no equal. 100% microfiber polyester. Ten-year warranty.

Microscope view of barrier fabrics, magnified 40 times. The tighter the weave, the more effective the allergen-barrier.
**MISSION: ALLERGY® Pillow Encasings**

Breathable, medically effective, quality-sewn encasings, with dual zipper flaps. Ten-year warranty on Barrier Fabric II Encasings; Lifetime warranty on Premium Microfiber Encasings.

Made in USA.  

Note that all pillows on the bed should be encased.

We can manufacture custom sizes to your specifications. Call for information.

**MISSION: ALLERGY® Mattress Encasings**

Breathable, medically effective, quality-sewn encasings, with inner zipper flap, extra-long zipper. Ten-year warranty on Barrier Fabric II Encasings; Lifetime warranty on Premium Microfiber Encasings.

Made in USA.

Available in 9”, 12”, 15” and 18” Depths.

FOR 12” DEEP, Microfiber or Barrier Fabric II, add $14.95  
FOR 15” DEEP, available in Microfiber only, add $19.95  
FOR 18” DEEP, available in Microfiber only, add $25.95

We can manufacture custom sizes to your specifications. Call for information.

FOR AIRBEDS, WATERBEDS, OR TRAVEL, where a zippered encasing is impractical, we offer easy-placement encasings constructed like a fitted sheet. Call for information.

**MISSION: ALLERGY® Box-Spring Encasings**

The MISSION: ALLERGY® BARRIER FABRIC II encasing in 9” depth makes a high quality box spring encasing. Low Profile box-spring encasings in 6” depth available for Queen and King only. Ten-year warranty.  

Made in USA.

For economy box-spring encasings, we have tear-resistant, heavy gauge vinyl with welded seams. One-year warranty. Imported.

Bunkbed encasings available for bunk beds. Call for information.

### Standard (20” x 27”)

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**We exclusively recommend Mission: Allergy products in our division. Quality and comfort are key in mite barrier encasements, and Mission: Allergy covers are the best. Our patients also appreciate the quality service.”

Ron Simon, MD  
Head, Division of Allergy, Asthma and Immunology  
Scripps Clinic*

**Protect both your pillows and your mattress with special mite-proof covers, experts say. Be sure you get covers from a reputable company, like Mission Allergy…”

*Institutions are mentioned for identification purposes only; statements do not constitute an endorsement by the institution. The endorsing physicians do not receive compensation from Mission: Allergy, Inc.

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“Institutions are mentioned for identification purposes only; statements do not constitute an endorsement by the institution. The endorsing physicians do not receive compensation from Mission: Allergy, Inc.

Please measure your mattress before ordering:
Comforters, Pillows & More

Our comforters, pillows and mattress pads are made with the same MISSION: ALLERGY Premium Microfiber® fabric used in our best encasings, so they are completely impermeable to all allergens, yet feel as soft as silk. They cannot become colonized with mites, and will thus never contain any interior mite allergen. Neither will they retain animal dander allergen. Unlike ordinary blankets or comforters, these comforters do not need to be washed weekly to eliminate allergens, but only need to be washed infrequently, when soiled. They are a good alternative to encasing an existing pillow or comforter. If desired, they may be covered with decorative duvet covers, with only the decorative cover requiring regular washing.

**MISSION: ALLERGY® Premium Microfiber Allergen-Proof Comforters**

10” quilted box pattern
100% polyester.
Made in USA.

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DreamFill® comforters available in white, natural and blue-gray.

**MISSION: ALLERGY® Premium Microfiber Allergen-Proof Light-Weight Comforters**

8” quilted box pattern for queen and king; Diamond pattern for twin. 100% polyester.
Made in USA.

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DreamFill® Light-Weight Comforters available in white, natural and blue-gray.

Our pillows and comforters are all covered with the same luxurious MISSION: ALLERGY® Premium Microfiber fabric. Quality fillings include:

**DreamFill®** is made from ultra-fine fibers that are as soft and as fine as silk. Its superior lofting quality and down-like feeling provide comfort, softness and resilience, for a luxurious warm yet lightweight comforter, or a soft moldable pillow. It is a quality filling for pillows. Its fiber structure creates a fuller, more substantive pillow offering more support, often preferred by side sleepers.

**ComfortFill™** White Goose Down This superior down, sterilized and washed to twice the industry standard and covered with our Premium Microfiber fabric, allows those allergic to feathers, down or mites to enjoy the unsurpassed comfort and luxury of down—without allergy.

**MISSION: ALLERGY® Premium Microfiber Allergen-Proof Comforter Covers**

If you already have a comforter to which you are attached, an alternative to replacing it is to place it within a cover made from our allergen-proof Premium Microfiber fabric, thus preventing the escape of allergens. Our microfiber comforter covers are imperceptible in use, and do not give the comforter a stiff feeling. Available in colors: white, natural and blue-gray. See page 13 for color-coordinated pillow shams and bedskirts for a beautiful matching set.

<table>
<thead>
<tr>
<th>Size</th>
<th>Color</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Twin</td>
<td></td>
<td>$136.95</td>
</tr>
<tr>
<td>Full</td>
<td></td>
<td>$167.95</td>
</tr>
<tr>
<td>Queen</td>
<td></td>
<td>$178.95</td>
</tr>
<tr>
<td>King</td>
<td></td>
<td>$209.95</td>
</tr>
</tbody>
</table>

**Comforter Clips** Easy-to-use snap-on style.

Clips (pkg. of 4)

<table>
<thead>
<tr>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>$7.95</td>
</tr>
</tbody>
</table>
MISSION: ALLERGY® Microfiber Bedskirts

Unlike typical bedskirts ("dust-ruffles"), which must be removed and replaced for weekly hot-water washing, these Microfiber Bedskirts cannot be colonized by mites, and therefore do not require frequent washing. Constructed from our exclusive barrier fabrics, this bedskirt completely covers the top of the boxspring for a secure fit. Fourteen inches from seam to bottom. Use alone, or with our color-matched comforters, comforter covers, and shams.

Available in colors: white, natural and blue-gray 100% polyester microfiber. Made in USA.

- Twin (39” x 75”) #SDT $94.95
- Full (54” x 75”) #SDF $99.95
- Queen (60” x 80”) #SDQ $104.95
- King (78” x 80”) #SDK $115.95
- Cal King (72” x 84”) #SDCK $115.95

MISSION: ALLERGY® Premium Microfiber Allergen-Proof Pillows

Made in USA. White Goose Down DreamFill® ComfortFill™

- Travel (12” x 18”) #PDT $38.95 #PFT $20.95
- Youth (16” x 20”) #PFY $25.95
- Standard (20” x 26”) #PGS $157.95 #PDS $60.95 #PFS $32.95
- Queen (20” x 30”) #PGQ $167.95 #PDQ $71.95 #PFQ $38.95
- King (20” x 36”) #PGK $188.95 #PDK $83.95 #PK $43.95
- Euro (26” x 26”) #PFE $43.95
- Body (20” x 60”) #PFB $69.95

MISSION: ALLERGY® Premium Microfiber Allergen-Proof Mattress Pads

Constructed like a fitted sheet. Fits mattresses 9”-18” deep, except twin 9”-12” deep. Quilting pattern may vary. Made in USA.

- Twin (39” x 75”) #MPT $130.95
- Long Twin (39” x 80”) #MPLT $141.95
- Full (54” x 75”) #MPF $157.95
- Queen (60” x 80”) #MPQ $188.95
- King (78” x 80”) #MPK $241.95
- Cal. King (72” x 84”) #MPCK $246.95

MISSION: ALLERGY® Premium Microfiber Allergen-Proof Shams

Both decorative and allergen-proof, these shams may be used over your favorite existing pillows or Mission: Allergy pillows. Made with Mission: Allergy Premium Microfiber Fabric, they provide an effective barrier to all allergens and require no additional encasing. They match our comforters, comforter covers, and bedskirts, or may be used alone. Available in colors: white, natural and blue-gray. Sold individually. Made in USA.

- Standard (21” x 27”) #SHMS $36.95
- Queen (21” x 31”) #SHMQ $38.95
- King (21” x 38”) #SHMK $40.95
- Euro (27” x 27”) #SHME $39.95

Note: interior dimensions shown.

MISSION: ALLERGY® Premium Microfiber Allergen-Proof Shams

MISSIONALLERGY.COM Toll Free: 1-877-NOALLER(GY) 1-877-662-5537
Washable Blankets & More

Our MISSION: ALLERGY® genuine Polartec® blankets provide warmth without weight. Air pockets in the fleece on either side of an insulating core trap body heat, creating thermal insulation. These blankets are not only extremely soft and comfortable, but they are also able to withstand the repeated machine washing and drying necessary to kill dust mites and remove all allergens. Quick drying and non-pilling. Available in two luxurious Polartec® fabrics and several fashion colors, tastefully finished with color coordinated blanketstitch edging.

We also feature a natural cotton blanket made of certified organic cotton.

### Luxury Soft Blanket

The luxurious feel of cashmere in a lightweight yet warm blanket. A favorite in all seasons, plush and cozy for snuggling. Shown in denim. Available in solid colors: ivory, beige and denim. See color chart. 100% superfine polyester. Made in USA.

<table>
<thead>
<tr>
<th>Size</th>
<th>#</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Twin (84” x 60”)</td>
<td>BLST</td>
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<tr>
<td>Full/Queen (90” x 80”)</td>
<td>BLSFQ</td>
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</tr>
<tr>
<td>King (96” x 100”)</td>
<td>BLSK</td>
<td>$188.95</td>
</tr>
</tbody>
</table>

### Heavyweight Shearling Blanket

Our warmest blanket, made from Polartec® 300 weight fleece, with the luxurious texture, look, and feel of shearling lambswool. Heavy weight for the extreme warmth of wool, yet machine washable. Although recommended mostly for Winter use, works well year-round in certain conditions. Shown in Tan. Available in colors: tan and blue. See color chart. 100% Polyester. Made in USA.

<table>
<thead>
<tr>
<th>Size</th>
<th>#</th>
<th>Price</th>
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<tbody>
<tr>
<td>Twin (84” x 60”)</td>
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<tr>
<td>Full/Queen (90” x 80”)</td>
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</tr>
<tr>
<td>King (96” x 100”)</td>
<td>BHSK</td>
<td>$199.95</td>
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</tbody>
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### MISSION: ALLERGY® Premium Microfiber Reversible Allergen-Proof Barrier Pad

When placed on a source of allergen such as upholstered furniture or carpet, these pads act as a protective barrier between you and the allergens. They are useful for an allergic person sitting on a couch or for a child playing on the floor. They can also serve as a wipeable barrier to protect beds or furniture from wandering pets. And because pets themselves can be allergic to dust mites, they are Allergy Approved® for use as pet beds or crate liners, to shield pets from mite allergens. Water-repellant yet easily machine washable, allergen-proof microfiber is Natural on one side, Blue-Gray on the other (matching our comforters, bedskirts and shams), quilted over an interior batting. 100% Polyester. Made in USA.
Organic Cotton Blanket
Made of Certified Organic Cotton, these lightweight blankets are naturally soft, comfortable, and attractive, ideal for summer use. Pre-shrunk and machine washable. Available in only the natural beige color of cotton; no dyes whatsoever are added. 100% organic cotton. Made in USA.

<table>
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<tr>
<td>Full/Queen (90&quot; x 90&quot;)</td>
<td>#BOCFQ</td>
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<tr>
<td>King (90&quot; x 110&quot;)</td>
<td>#BOCK</td>
<td>$146.95</td>
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MISSION: ALLERGY® Allergen-Proof Comfort Cushion
Fun for kids, this comfy, round cushion is great for reading, watching TV, or just lounging. The inner allergen-barrier lining prevents the passage of mite or dander allergens, and the removable polyester/cotton outer cover is easy to wash. Can also be used as an Allergy Approved® mite-, flea-, and bedbug-proof pet bed. Includes cushion with allergen-barrier lining and washable outer cover. Outer cover available in natural (shown) and denim. Made in USA.

<table>
<thead>
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<tr>
<td>Extra pillow cases set of two:</td>
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<td></td>
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<tr>
<td>Queen (20&quot; x 33&quot;)</td>
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<td>$29.95</td>
</tr>
<tr>
<td>King (20&quot; x 40&quot;)</td>
<td>#PCOCK</td>
<td>$36.95</td>
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NatureSoft® Luxury Stripe Sateen Sheet Sets and Pillow Cases
These luxurious sheets are woven from 100% Certified Organic cotton. They feature a subtle and elegant stripe pattern, and a 400 thread-count Sateen weave resulting in a silky shine and a soft drape and feel. Generously sized to fit up to 17" deep. Sets include one flat sheet, one fitted sheet, and two King pillow cases with King and Cal King sets, two Standard pillow cases with Queen and Full sets, and one Standard pillow case with Twin set. Available in White Stripe or Natural Stripe. 100% Certified Organic cotton. Made in USA.

<table>
<thead>
<tr>
<th>Size</th>
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<tr>
<td>Queen (60&quot; x 80&quot;)</td>
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<tr>
<td>Cal. King (72&quot; x 84&quot;)</td>
<td>#SOCK</td>
<td>$199.95</td>
</tr>
<tr>
<td>Extra pillow cases set of two:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Queen (20&quot; x 33&quot;)</td>
<td>#PCOCS</td>
<td>$29.95</td>
</tr>
<tr>
<td>King (20&quot; x 40&quot;)</td>
<td>#PCOCK</td>
<td>$36.95</td>
</tr>
</tbody>
</table>
Rapid Test for Dust Mite Allergen

Allows you to measure the amount of dust mite allergen in your home. Dust mites are invisible, but this easy test will tell you in ten minutes whether there is a low, medium or high level of mite allergen in samples of carpet or bedding dust, allowing you to take corrective action. Kit contains materials to perform 2 tests: contact-free dust collector system to attach to your vacuum cleaner's wand, testing solution, 2 test cassettes with built-in color charts, and complete, easy to follow instructions. This kit uses test reagents developed at the University of Virginia, and is the most accurate rapid screening allergen test kit available for home use.

#RT $41.95

Multiplex Test for Indoor Allergens

Obtain precise measurements of the levels of eight indoor allergens in your bed or carpet dust. Kit contains an easy to use DUSTREAM™ dust-collection device, and a postpaid mailer to send the sample to Indoor Biotechnologies, Inc., the premier lab for analysis of indoor allergen levels. You will receive a written report with the levels of three dust mite allergens, plus dog, cat, Alternaria (mold), cockroach, and mouse allergen levels—with explanations of levels capable of causing allergy symptoms—for a complete allergen analysis of your home.

#MT $199.95

Nilfisk® GD930 Vacuum Cleaner

The Nilfisk® vacuum cleaners are manufactured by the company that produces vacuums for NASA, pharmaceutical clean rooms, and asbestos and mold abatement projects. The Nilfisk® GD930 brings industrial technology to the home with a canister vacuum cleaner that is ideal for the allergic family. Its three-stage filter system ends with a true HEPA filter that captures 99.97% of particles as small as 0.3 microns. Powerful 1000-Watt motor produces unusually high suction power (92” of waterlift) and airflow (74 cubic feet/minute), yet operates at only 53 decibels, much quieter than most vacuum cleaners. The large, impact-resistant Chrome-plated steel tank holds extra large 4-gallon disposable bags, and features heavy-duty wheels and an extra long 32’ cord. Standard accessory package includes a 6’ hose assembly with bent wand, telescopic wand, 12” combination floor nozzle, crevice tool, combination round dust brush/upholstery tool, and paper dust bag. Two-year warranty.

#VN930 $689.95

Optional Turbo Nozzle is recommended for low to medium pile carpeting. Its air-driven rotating brush works off the suction of the vacuum cleaner to loosen dirt and comb pile.

#VNTN $114.95

Optional Power Nozzle is recommended for medium to deep pile carpeting and has an electrically driven brush that works off its own motor to loosen dirt and comb pile.

#VNPN930 $395.95

Nilfisk Vac Bags for the GD930

#VN930B $29.95 for 10

HEPA Filter Replacement Cartridge for the GD930 (replace every 1000 hours of use.)

#VN930H $159.95

Capture® Carpet Cleaner

This dry treatment has been shown to remove significant amounts of dust mite allergen from carpets. Capture® cleans without water, unlike wet carpet cleaners, which leave a damp residue that actually promotes dust mite growth. When rubbed into the carpet, these porous, microscopic particles work like tiny sponges, absorbing dirt, dust and allergen, which are then vacuumed with the Capture® particles from the carpet. Kit includes 24oz. Soil Release Pre-Mist, 4lb. pail of Capture® Carpet and Rug Dry Cleaner, and cleaning brush. Cleans up to 400 sq.ft.

#CCC $29.95

Obtain precise measurements of the levels of eight indoor allergens in your bed or carpet dust. Kit contains an easy to use DUSTREAM™ dust-collection device, and a postpaid mailer to send the sample to Indoor Biotechnologies, Inc., the premier lab for analysis of indoor allergen levels. You will receive a written report with the levels of three dust mite allergens, plus dog, cat, Alternaria (mold), cockroach, and mouse allergen levels—with explanations of levels capable of causing allergy symptoms—for a complete allergen analysis of your home.

#MT $199.95

Environmental control of allergens is the first priority and the biggest challenge for patients. I am impressed with Mission: Allergy’s dedication to providing evidence based products for the allergy patient. Their brochure is educational and their service and products are excellent.”

Richard J. Morris, MD
Allergy and Asthma Care, P.A., Maple Grove, MN
Clinical Professor of Medicine, University of Minnesota*
“Mission: Allergy has been an innovator in developing high-quality allergy products since its inception, which keeps it on the cutting edge of the field. Thank you for providing products that our patients can trust to be effective for reducing allergen exposure.”

Jay M Portnoy, MD  
Director, Division of Allergy, Asthma & Immunology  
Children’s Mercy Hospitals & Clinics*

*Institutions are mentioned for identification purposes only; statements do not constitute an endorsement by the institution. The endorsing physicians do not receive compensation from Mission: Allergy, Inc.

**Hookless Spa Shower Curtain with Snap-off Liner**

This quality shower curtain is ideal for the allergic family. Manufactured for the luxury hospitality and spa industry, it is water repellent and resistant to mildew and bacteria. It has a snap-off liner for easy washing, and an upper mesh “window” for air circulation, light and visibility. Slotted rings allow easy attachment to the shower rod—without hooks. 100% polyester curtain and liner.

- #SC $99.95  
- #SCL $19.95

**MISSION: ALLERGY® Dust Mitts**

Made from super-soft microfiber fabric with over 220,000 fibers per square inch, they fit over your hands like a mitten. Use one on each hand for double-fast cleaning! Retain dust without chemicals or sprays. Just wash to re-use repeatedly. Sold in packs of two.

- #DCM2 $14.95 for 2

**Disposable Dust Mask**

AllergyZone™ facemask blocks 95% of allergen particles as small as 0.3microns. Ultra-lightweight for superior comfort, it has an adjustable nose clip, two elastic straps, and a one-way exhalation valve to prevent moisture buildup. Discard after 5 days of use. (Not for use with gases or vapors.)

- #DMAZ $9.95, set of 3

**Eye Goggles**


- #EG $18.95

**MISSION: ALLERGY® Dust Cloths**

Wipe dust off hard surfaces without it becoming airborne. Our exclusive Mission: Allergy Dust Cloths have a microfiber construction containing millions of wedge-shaped sections that catch and retain dust particles, without the need for cleaning sprays or chemical treatment of the cloth. Simply wash the cloth to remove dust and reuse. Set includes one general purpose cleaning cloth suitable for use on all surfaces, and one superfine cloth for cleaning electronic equipment, video screens and lenses. 100% polyester microfiber. 16” x 16”. Imported.

- Package of two cloths #DC $14.95

**Dust Mask**

3M™ mask prevents the inhalation of small allergen particles. Lightweight and comfortable, the rubber face seal, adjustable nose clip and two adjustable straps assure a correct fit, so that allergen cannot leak in around the edges of the mask. One-way exhalation valve prevents buildup of moisture. (Not for use with gases or vapors.)

- #DM $9.95

**Extra Snap-Off Liner**

- #SCL $19.95

**Snap on/off liner**

**310x396** **MISSION: ALLERGY**  
**Dust Mitts**

Made from super-soft microfiber fabric with over 220,000 fibers per square inch, they fit over your hands like a mitten. Use one on each hand for double-fast cleaning! Retain dust without chemicals or sprays. Just wash to re-use repeatedly. Sold in packs of two.

- #DCM2 $14.95 for 2

**Disposal Dust Mask**

AllergyZone™ facemask blocks 95% of allergen particles as small as 0.3microns. Ultra-lightweight for superior comfort, it has an adjustable nose clip, two elastic straps, and a one-way exhalation valve to prevent moisture buildup. Discard after 5 days of use. (Not for use with gases or vapors.)

- #DMAZ $9.95, set of 3

**Eye Goggles**


- #EG $18.95
Delonghi® Model DD45PE Dehumidifier

Removes up to 45 pints of water per day from the air, to lower mite and mold growth. Its contemporary design with no unsightly parts visible from any side, and its low noise level due to extra insulation, make it appropriate for use in the living area of the home rather than just in basements. Rounded corners with no sharp edges make it safe for homes with children. Water removed from the air goes into a fully enclosed tank. Works at temperatures between 44° and 90°, for use in basements or living areas during both summer and fall, when dust mites and mold peak. It also has a built-in pump to immediately drain water from the collection tank. The water is pumped through the supplied 16-foot hose (up to a height of 16 feet) allowing continuous action by the dehumidifier. Other dehumidifiers will shut themselves off once the tank is full, so that unless you can frequently empty the water collection tank they will not remove humidity up to their listed capacity. With the model DD45PE, the automatic draining action of the pump allows the unit to function continuously, to actually remove up to 45 pints of water from the air every day.

Lateral intake and outflow grilles allow the unit to be placed directly against a wall. Other features include: quiet operation, full portability with Easy Roll casters and convenient hand grip, easy-to-use electronic controls, adjustable electronic humidistat, easy-to-read electronic LCD display, 24 hr. timer, and anti-frost control. For rooms up to 2,200 sq.ft. Energy Star Rated. 15”W x 12”D x 24”H; 41 lbs. One-year warranty

#DD45PE List Price $399.95 $299.95

Extech® Temperature/Humidity Gauge

Monitors indoor humidity for dust mite and mold control. Large, easy to read displays show percent relative humidity, temperature and time. Memory with reset function stores minimum and maximum measurements for humidity and temperature. Gauge is approximately 3”x 4”, and comes with built-in stand, bracket for optional wall mounting, and AAA battery. #GE $32.95

Air Dryr® Space Dryers

Eliminate mold growth in closets and other small spaces up to 10x10x10 feet. Works by a silent convection method, and is not hot to the touch. Damp air is drawn in through the base of the unit, and dry, heated air is released through the top perforations. The Air Dryr® has been shown to render mold spores non-viable. Electrical cost is equivalent to that of a light bulb. 13.5”W x 4.5”H; 3.5lbs. #DAD $62.95

Damp Check Moisture Absorber

Absorbs moisture from the air without electricity. The concentrated pellets in the dome attract water vapor, which collects in the bottom container for easy removal. The pellets attract more moisture and last longer than the flakes in competitive products. Ideal for closets, boats, campers and all areas up to 1000 cubic feet. #DDC $11.95

Moisture Absorber Refill 48 oz. #DDCRF $7.95
**Germ-Free Humidifiers**
Add moisture to the air without the risk of mold and microorganisms. Care must be taken with any humidifier to not over-humidify the air. However, many humidifiers actually allow mold and bacteria to grow within their chambers, and then spray those organisms into the air. In contrast, the humidifiers shown here are unique in having a germicidal process using ultra-violet light, to create a mist essentially free of mold, mold spores and bacteria.
Three-year warranty.

**Vicks Model V3900**
UV light kills 99.9% of bacteria and mold.
Cool mist. One-gallon capacity.
12” x 12” x 12”; 3.7 lbs.
#HV3900 $69.95

**Vicks Model V790N**
Dual germicidal features — UV light and boiling — kill 99.999% of bacteria and mold.
Two tanks for easy filling and extended run time.
Two-gallon capacity, warm mist, adjustable humidity control. 17” x 12” x 14”; 10 lbs.
#HV790N $89.95

**AllergyZone™ Central Heating and Air-Conditioning Filters**
Clean the air passing through your central air system. The AllergyZone Air Filter is a highly efficient pleated replacement air filter for your home HVAC system. Developed by an allergist with expertise in air filters, the AllergyZone filter has superior performance in the three areas crucial for healthy air quality: efficiency at removing particles (95%), particle holding capacity, and continued airflow (when loaded with particles). The filter media will not absorb water, and will therefore not support bacterial or mold growth. No other filter matches the overall performance of the AllergyZone FQT12 Air Filter. Replace every 3 months. Available sizes: 14” x 25”; 16” x 20”; 16” x 25”; 20” x 20”; 20” x 25”. (All sizes 1” deep.)

#AL (specify dimensions)
1-pack (three-month supply) $16.95
2-pack (six-month supply) $31.95
4-pack (twelve-month supply) $59.95

**NeilMed Sinus Rinse™**
Wash allergens, irritants, bacteria, viruses, and mucus from nasal passages and sinuses. Delivers 8 ounces of saline for thorough cleansing of nasal passages. Packets contain pharmaceutical grade sodium chloride and sodium bicarbonate to create a solution simulating normal body fluids. Soft squeeze bottle allows easy self-administration. For adults, or children at half volume. Includes full instructions.
One irrigation bottle, 50 packets #NSK $11.49
Refill packets (100) #NSP $12.99
One irrigation bottle, 5 packets #NSB $3.99

**3M™ Filtrete™ Air-Conditioner/Vent Filter**
Traps dust, animal dander, pollen, and smoke particulates 20 times more effectively than ordinary air-conditioner filters. The electrostatically charged fibers trap allergen particles as small as 3 microns, while allowing the free flow of air. Lasts approximately two months. Measures 14” x 24”; simply cut to size with scissors for easy installation. May also be used as a heating vent filter.
#ACF $7.95

**Window Screen Pollen Filter**
Fits between window and windowsill to allow the entry of fresh air into the home, while trapping 96% of pollen. Designed for double hung windows (see photo). The sturdy, rustproof aluminum frame holds a replaceable filter cartridge. Also keeps out insects, rain and wind, while minimizing noise. Seven-inch high model adjusts from 20” to 36” wide; eleven-inch high model adjusts from 25” to 44” wide.
Seven inch high screen #WS7 $21.95
Replacement filter (7 in.) #WSRF7 $13.95
Eleven inch high screen #WS11 $28.95
Replacement filter (11 in.) #WSRF11 $19.95

**PollenTec® Replacement Screening**
Replace the screening material in your current screen-window or screen-door to block the entry of over 90% of ragweed pollen, over 99% of birch tree pollen, and essentially 100% of grass pollen. This flexible, high-tech, specially coated polyester screening material filters and electrostatically traps pollen grains, allowing you to shut the air conditioner and enjoy fresh air. Call or see our website for roll sizes, pricing, and other information.

*Institutions are mentioned for identification purposes only; statements do not constitute an endorsement by the institution. The endorsing physicians do not receive compensation from Mission: Allergy, Inc.

“I always recommend Mission: Allergy products to my patients. Their educational material is second to none, and helps my patients to better understand allergy and reduce allergen exposure, and their mite-barrier encasings and other products are of the highest quality.”

James P. Rosen, MD
Associate Clinical Professor of Pediatrics
University of Connecticut School of Medicine*

*MISSIONALLERGY.COM Toll Free: 1-877-NOALLER(GY) 1-877-662-5537
Blueair® HEPA Air Cleaners

Blueair is the ultimate consumer air cleaner line, rated #1 in its category by the Association of Home Appliance Manufacturers for Clean Air Delivery Rate (see www.cadr.org), cleaning twice the amount of air per minute as average air cleaners. Developed in Sweden by Europe’s leading manufacturer of air-cleaners, the Blueair’s elegant contemporary design has received several European design awards, including the prestigious “Excellent Swedish Design” award, and is featured in the permanent collection of the National Museum of Stockholm. Blueair® air cleaners are constructed almost entirely of galvanized steel, with fans manufactured by EBM, the largest fan and blower company in the world and supplier to many major manufacturers of medical equipment.

Blueair filters trap six times more dirt than filters in typical air purifiers because of their “progressive” fiber size structure. Unlike typical HEPA filters which consist of the same size fiber throughout, Blueair filters have millions of ultra thin fibers in three different sizes, with the first layer capturing larger particles like pollen, animal dander and dust, and the second and third layers capturing smaller particles like mold and bacteria. This filter design resists loading or clogging, maintaining peak filtration levels longer.

The low filter resistance, high quality fan, and steel casing combine to produce very quiet operation. Blueair air cleaners produce zero ozone emission in the air outflow, and are Energy Star™ rated for their low energy consumption. To minimize drafts that would otherwise occur with room. All units have a limited five-year warranty.

See the table below to select the unit for your room size. A properly sized unit will produce at least 5 air exchanges per hour in the desired room. All units have a limited five-year warranty.

<table>
<thead>
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<th>Filter removes allergens?</th>
<th>Other Features</th>
<th>Replacement filter model</th>
<th>Price per set</th>
<th>Filters per set</th>
<th>Removes VOCs, smoke odors?**</th>
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<td>yes</td>
<td>AWARE optional</td>
<td>ABL.605RF</td>
<td>$79.95</td>
<td>3</td>
<td>yes</td>
</tr>
<tr>
<td>ABL 405</td>
<td>$549</td>
<td>300</td>
<td>23x20x11</td>
<td>434 sq.ft. (20’hui)</td>
<td>no</td>
<td>no</td>
<td>AWARE optional</td>
<td>ABL.405RF</td>
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<td>ABL 205</td>
<td>$349</td>
<td>200</td>
<td>21x17x8</td>
<td>279 sq.ft. (16’x17”)</td>
<td>no</td>
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<td>AWARE optional</td>
<td>ABL.205RF</td>
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<tr>
<td>ABL AWARE™</td>
<td>$199</td>
<td>7.6x3x3</td>
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<td>ABL.ProMRF</td>
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<td>ABL Pro M</td>
<td>$649</td>
<td>285</td>
<td>17x20x10</td>
<td>390 sq. ft. (15’x20”)</td>
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<td>yes</td>
<td>A.I.M. optional</td>
<td>ABL.ProLRF</td>
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<tr>
<td>ABL Pro L</td>
<td>$899</td>
<td>630</td>
<td>31x20x10</td>
<td>780 sq. ft. (26’x30”)</td>
<td>side: wheels</td>
<td>yes</td>
<td>A.I.M. optional</td>
<td>ABL.ProLRFS</td>
<td>$239.90</td>
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<tr>
<td>ABL PRO AIM</td>
<td>$89</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>ABL.ProXLRFS</td>
<td>$179.85</td>
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<td>yes</td>
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<tr>
<td>ABL Pro XL</td>
<td>$2,399</td>
<td>950</td>
<td>44x20x10</td>
<td>1180 sq. ft (30’x39”)</td>
<td>no</td>
<td>yes</td>
<td>A.I.M. included</td>
<td>ABL.ProXLRFS</td>
<td>$359.85</td>
<td>3</td>
<td>yes</td>
</tr>
</tbody>
</table>

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* Assumes 8’ ceiling  
** No air purifier can eliminate all hazardous contaminants of second hand smoke
How to Choose an Air Cleaner

What HEPA means and doesn’t mean.
The filter is one of the key components of an air cleaner. Filter types are defined by the size and number of microscopic particles that they remove from the air passing through them. Microscopic particles are measured in microns. The period at the end of this sentence is approximately 400 microns in size. Pollen grains are 30 microns, dust mite waste particles are about 20 microns, and cat allergen particles vary from about 1 to 20 microns in size.

A HEPA (High Efficiency Particulate Air) filter removes 99.97% of all particles as small as 0.3 microns from the air that passes through it. But note that these percentages refer to the air that passes through the filter, not necessarily to all of the air in the room. Many advertisements give the misleading impression that any HEPA filter will clean the air in a room of more than 99% of its particles. The reality is that the amount of cleaning of the air in the room depends not just on the filter, but on the amount of air moving through the filter. This is expressed as the “clean air delivery rate”, or CADR. Both the EPA and the American Lung Association recognize CADR as the appropriate test of air cleaner effectiveness.

What CADR means.
The Clean Air Delivery Rate is a measure of the amount of particle-free air being delivered into the room. It is the best measure of the true cleaning capacity of the air cleaner, since it reflects both the effectiveness of the filter and the amount of air going through the filter. The higher the clean air delivery rate, the larger the size room that can be effectively cleaned of airborne particles. Clean air delivery rates are measured using procedures standardized by the Association of Home Appliance Manufactures (AHAM). This allows the capacities of various air cleaners to be compared. Please note that most air cleaners have more than one fan speed, and that the advertised clean air delivery rate applies to the highest speed.

How to choose the right size unit.
Air cleaners are usually advertised with the room size for which they are recommended. Keep in mind however, that this recommendation is based on the unit’s ability to provide five or six air changes per hour in a room of that size. That rate is sufficient to decrease particle levels in the room by about 70%. A larger unit in the same size room can produce eight or more air changes per hour, decreasing levels by 90% or more. This is the correct target in medical situations. Remember also that these figures are based on using the machine at its highest speed. This is also the noisiest speed. For less disturbance (and longer motor life) you may want to run the unit at less than its maximum blower speed, especially when you are in the room.

Recognizing good air cleaner design.
A final point to consider is that many popular air cleaners are designed such that the clean air is blown downwards onto the floor. This has actually been shown to blow allergens from the floor (especially if it is carpeted) into the air, thus negating the effect of the filter! More effectively designed air cleaners, including all of those featured here, do not exhaust the clean air downwards.
Skin Care

“As a board certified pediatric allergist I am very familiar with wet-wrap therapy using AD RescueWear and find it a wonderful way of treating and managing atopic dermatitis in children. This hydration method helps dampen the itchiness of the skin and lessen the use of expensive corticosteroid creams and ointments.”

Paul Ehrlich, MD
Clinical Assistant Professor of Pediatrics
New York University School of Medicine*
Past President, New York Allergy & Asthma Society*

“Our pint-size testers and their moms saw their eczema almost vanish with regular use!”

Parents Magazine

AD RescueWear™ for Wet-Wrap Therapy

Suits, tops, bottoms and sleeves for wet-wrap therapy of eczema—FDA Class I Medical Device.
When used under the direction of an allergist or dermatologist, wet-wrap therapy can greatly promote the healing of skin affected by intermittent flare-ups of eczema (atopic dermatitis). Woven from TENCEL® lyocell fibers, softer and smoother than cotton, these garments are more convenient and effective than traditional wraps for holding moisture against the skin. Made with flat seams and no interior tags, Wrap-E-Soothe™ garments are available as body suits, tops, bottoms, or sleeves. Suit and Top have fold-over hand covers for easy wet wrap therapy of hands and to prevent scratching. Suit and bottoms have attached feet for therapy of feet and to prevent scratching. Suit features an interior zipper cover to prevent skin contact with the zipper. Sleeves are for treatment of elbows, knees, wrists and ankles. All items fit under regular clothing or sleepwear. Note: Wet Therapy should not be used continuously.
Made in USA.

Pet Beds

Pets can also be allergic to dust mites, with symptoms of itching and skin inflammation. As with allergic humans, their largest source of dust mite exposure is their own bed. These Mission: Allergy® Allergy Approved® pet beds contain an allergen-barrier that prevents the dust mite allergen from reaching the pet’s skin.

IMPORTANT: These pet beds are NOT for people who are allergic to their pets. They are for pets who are themselves allergic to dust mites, or for people who are allergic to dust mites and wish to avoid exposure to the dust mite allergen present in a typical pet bed.

Mission: Allergy® Allergy Approved® Pet Beds These Pet Beds prevent colonization by dust mites and the escape of any dust mite allergen. They contain an inner pillow of Mission: Allergy® Premium Microfiber barrier fabric, and an outer washable cover. The outer cover contains a long side zipper for easy removal and washing of the cover every 1-2 weeks. Choose a Super-Durable Nylon top, or a Super-Soft Quilted Polyester top. All bottoms are constructed of Super-Durable Nylon. All beds are well cushioned (suitable for use as orthopedic pet beds) and have side vents for air passage, and are available in your choice of blue or tan.

Choose Pet Bed Size:

<table>
<thead>
<tr>
<th>Size</th>
<th>Dimensions</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small</td>
<td>23” x 28”</td>
<td>$119.95</td>
</tr>
<tr>
<td>Med.</td>
<td>25” x 36”</td>
<td>$139.95</td>
</tr>
<tr>
<td>Large</td>
<td>29” x 42”</td>
<td>$189.95</td>
</tr>
<tr>
<td>Square</td>
<td>36” x 36”</td>
<td>$209.95</td>
</tr>
<tr>
<td>X-Large</td>
<td>36” x 54”</td>
<td>$269.95</td>
</tr>
</tbody>
</table>

Specify Top: Super-Durable Nylon or Super-Soft Quilted
Specify Color: Blue or Tan

Extra outer covers are also available separately, allowing you to always have one cover in place while the other is being laundered.

Extra Outer Cover only:

<table>
<thead>
<tr>
<th>Size</th>
<th>Dimensions</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small</td>
<td>23” x 28”</td>
<td>$69.95</td>
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<tr>
<td>Med.</td>
<td>25” x 36”</td>
<td>$79.95</td>
</tr>
<tr>
<td>Large</td>
<td>29” x 42”</td>
<td>$99.95</td>
</tr>
<tr>
<td>Square</td>
<td>36” x 36”</td>
<td>$109.95</td>
</tr>
<tr>
<td>X-Large</td>
<td>36” x 54”</td>
<td>$129.95</td>
</tr>
</tbody>
</table>

Specify: Size, Nylon or Quilted top, Blue or Tan color.
Our Guarantee
We guarantee every item we sell without reservation. If for any reason whatsoever you are not completely satisfied with anything you order from MISSION: ALLERGY, you may return it within 30 days for an immediate exchange or refund. Simply call Customer Service toll-free at 1-877-NOALLERGY. Returns must be in original packaging, in good condition.

Placing an Order    Contacting Customer Service
Would you like to place an order? Do you have questions or concerns? Our helpful and knowledgeable customer service representatives are available to take your order or answer your questions. Please call us toll-free at 1-877-NOALLERGY (1-877-662-5537) Monday through Thursday 8:30 a.m. to 7:00 p.m. ET; Friday 8:30 a.m. to 6:00 p.m. ET; and Saturday 9:00 a.m. to 2:00 p.m. ET. Hours may vary slightly by season. We welcome payment by VISA, MasterCard, Discover, American Express, check or money order.

By Phone:    Toll-free 1-877-NOALLERGY (1-877-662-5537)
By Fax:      1-203-426-5607
Online:      www.missionallergy.com
By Mail:     MISSION: ALLERGY
             28 Hawleyville Road
             P.O. Box 45
             Hawleyville, CT 06440

Questions? Call, or e-mail us at customerservice@missionallergy.com

Delivery Information
All orders are SHIPPED FREE in the Contiguous U.S. within one business day via FedEx ground service. FedEx next-day or second-day air service is available for an additional charge. Please add $12.95 shipping to Alaska and Hawaii. Call for shipping rates to destinations outside of the U.S.

BILL TO:    Name: ____________________________________________
            Address: ____________________________________________
            City: ________________________________________________
            State: ____________________Zip: ________________________
            Daytime Phone: ______________________________________
            Evening Phone: ______________________________________
            E-mail: ____________________________________________

SHIP TO: (if different) (Note: FedEx can not deliver to P.O. Boxes.)
Name: __________________________________________
Address: _________________________________________
City: _____________________________________________
State: ____________________Zip: ________________________
Gift message: _______________________________________

Please measure your mattress before ordering:

W _______ x L _______ x H _______

**ITEM#** | **DESCRIPTION** | **SIZE/DEPTH** | **COLOR** | **QUANTITY** | **PRICE EACH** | **TOTAL PRICE**
---|---|---|---|---|---|---

**METHOD OF PAYMENT:**
☐ Check or money order  ☐ Discover
☐ VISA  ☐ MasterCard  ☐ American Express

Card Number: __________________________
Expiration Date: ________________________ Security Code: _______________________

**Physician’s Name:**
(Will appear on receipt for insurance claim, tax-deduction or reimbursement purposes)  

**Order Form**

“Your customer service representative was super-helpful and courteous. I appreciate your return policy and am happy to do business with a company that really cares about its customers.”

L.L. San Diego, CA

“Thank you for your outstanding customer service. I ordered various products from Mission: Allergy, and was extremely pleased with the level of service that I received.”

J.L. Brighton, MA

“I appreciate the quick response to my questions and your concern regarding my order. I shall be using your company for future orders.”

M.T. Albuquerque, NM

“I truly appreciate the helpful, courteous service. And I so appreciate your products, and the peace of mind that I already feel when I think I can help my daughter breathe better.”

M.B. Storrs, CT

“I have purchased several products, including air purifiers, from Mission: Allergy. I have found the staff to be extremely informative, courteous, and patient, and the products and steps they have advised have helped to reduce my symptoms considerably.”

N.W. Somerville, MA

“I wanted to let you know how pleased I was with the quality of your products, and how delighted I was to see that they were made here in the U.S. Nowadays with everyone cutting corners and using cheaper materials it’s hard to find quality products, so I was very happy with my recent order. Thanks so much!”

L.H. Scarborough, ME

“Very happy with my recent find quality products, so I was cheaper materials it’s hard to cutting corners and using

Nowadays with everyone
 were made here in the U.S.
delighted I was to see that they
of your products, and how
pleased I was with the quality
“I wanted to let you know how
pleased I was with the quality of
your products, and how
delighted I was to see that they
were made here in the U.S.
Nowadays with everyone
cutting corners and using
cheaper materials it’s hard to
find quality products, so I was
very happy with my recent
order. Thanks so much!”
Wipe smooth furniture weekly with a dust-trapping cloth.  
Wash sheets and pillow cases every 1-2 weeks. 
Wash blankets every 1-2 weeks, or use an allergen-barrier comforter or blanket. 
Encase pillows in allergen-proof covers, or replace with allergen-barrier pillow. 
Encase mattress and boxspring in allergen-proof covers. 
Remove bedroom carpet. 
Remove upholstered furniture, stuffed toys and throw pillows. Keep clothing in a closet with the door closed. 
Remove curtains, using window shades or blinds instead. 
Dehumidify to under 50% by using an air conditioner, possibly supplemented with a dehumidifier. 
Use a dust mask during allergen exposure. 
Use allergen containment vacuum or vacuum bag. 
Remove the pet from the home. 
Remove the pet from the bedroom, and bathe it twice weekly. 
Use a HEPA air cleaner. 

Patient's Name: ______________________________________________________    Date: ___________________