

## **What to Expect at an ENT with Dr. David Mener**

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My name is Dr. David Mener and I'm an ear nose and throat physician with ENT and Allergy Associates based in New Rochelle, New York.

### **What to expect at an ear, nose, and throat physician:**

You will first get a comprehensive history as well as a comprehensive head and neck examination. As part of this examination may involve looking at the nasal cavity and sinus, passages looking deep into the throat or what we call the larynx or voice box to look for any abnormal pathology or potential anatomic causes for your symptoms. We typically will spray your nose with a topical decongestant and anesthetic to make the procedure as comfortable as possible. A small camera may be inserted in both the right and left nasal passages to evaluate the nasal cavity and sinuses and may go deeper into the throat to evaluate your vocal cords. For small children this procedure may be somewhat uncomfortable.

We encourage you to give your child a hug, wrapping one arm around both of your child's arms in one arm around the head to prevent significant movement from your child. We will do everything possible to make this experience as pleasant as possible for your child, while at the same time, arriving at the correct diagnosis and coming up with a treatment plan that works for you. Please feel free to call me today and be seen today.

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