



**D**r. Michael Shohet is a double-board certified facial plastic surgeon. He performs cosmetic and reconstructive operations of the face utilizing the most advanced and least invasive techniques. He received his medical degree from the University of Cincinnati in Cincinnati, OH, and has completed several years of distinguished service as a member of the faculty at Mount Sinai School of Medicine, where he was director of the Otolaryngology clinics. Dr. Shohet completed a fellowship in Facial Plastic Surgery through the American Academy of Facial Plastic and Reconstructive Surgery where he was awarded a competitive training grant to train at the University of Bern, in Switzerland.

This additional training and hands-on experience has helped Dr. Shohet achieve outstanding results for thousands of patients, and his double board-certification assures you that he has met the toughest standards of his peers.

Dr. Shohet sees patients by appointment at his West Side, NYC office location. If you have any questions, please feel free to contact him at the office at 917-441-7824 at any time. He welcomes the opportunity to answer your questions and serve as a resource to you and your patients. He looks forward to working with you and your patients in the future.

## **ABOUT FACIAL PLASTIC SURGERY**

**F**acial plastic surgery can enhance your self-image and sense of well-being. The first step toward a more rejuvenated and healthy new you is choosing the right facial plastic surgeon. Selecting a surgeon who has the proper education and training and who specializes in facial plastic surgery can make a significant difference in your final results. As a member of the American Academy of Facial Plastic and Reconstructive Surgery, Dr. Shohet belongs to an exclusive group of surgeons who possess significant experience and expertise in all aspects of facial plastic surgery. This means that with Dr. Shohet, you will receive the quality care you deserve.



### **Michael Shohet, M.D., F.A.C.S.**

*Board-certified in Otolaryngology/Head & Neck Surgery  
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**LOOKING  
AND FEELING  
YOUR BEST  
IS WITHIN  
YOUR  
REACH...**

**Facial  
Plastic  
and  
Reconstructive  
Surgery**

*Advanced Facial Plastics*  
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### ► **What is facial plastic surgery?**

Facial plastic surgery is a surgical subspecialty that focuses on improving the appearance of a person's face and neck. Sometimes, such improvements are accompanied by improvements in function as well, such as in the ability to breathe through the nose.

### ► **How do facial plastic surgeons differ from other plastic, cosmetic, or aesthetic surgeons?**

A facial plastic surgeon, such as Dr. Shohet, limits his practice to improving the appearance and function of the face, head, and neck. The intensive training and certification process for facial plastic surgeons provides extensive knowledge of the face and its underlying structures. Such surgeons, in addition to demonstrating technical competence and skill, must also demonstrate high ethical standards, a commitment to humanitarian service, and possess a desire to enhance the quality of human life. This is why you should trust your face to a facial plastic surgeon.

Many surgeons perform superb aesthetic procedures on the body, such as breast augmentation, abdominoplasty (tummy tuck), or body lifts. However, just because a surgeon can do an excellent job improving part of the body does not necessarily mean he/she is an expert in performing surgery on the face.

### ► **How do I choose a facial plastic surgeon?**

Choosing to undergo surgery is a big decision. You need to be able to discuss your expectations, explain your desires, express your concerns, and ask as many questions as necessary to feel comfortable that you understand all of your treatment options.

Dr. Shohet encourages patients to meet with at least two different surgeons who are board certified to perform facial plastic surgery to learn as much as possible about the area he/she desires to improve.

It is critical to select a surgeon who shares your aesthetic viewpoint. If you prefer a natural look, be sure to relay your preference to your surgeon. Find out how many of the procedure(s) you desire the surgeon has performed. View photographs of patients on whom that surgeon has operated. Ask yourself if you like the way those patients look. Request to speak with patients who have been treated by the surgeon.

Be sure your surgeon will give you the personalized attention you deserve. Because every patient is unique, Dr. Shohet personally meets with each of his patients before and after surgery. Together, you and Dr. Shohet will review your goals and discuss what options are available to achieve them. Computer imaging may be used during your consultation to help visualize the possibilities. Dr. Shohet will explain the risks and benefits of each procedure and what can be expected after each of them. With that knowledge, you decide what you want to do. Then, you and Dr. Shohet will work together as a team to achieve those goals.

### ► **What kind of aesthetic procedures does a facial plastic surgeon perform?**

- Mini and full facelifts, neck lifts, cheek lifts
- Liposuction (tumescent, ultrasonic), Fat transfer
- Upper and lower eyelid surgery (blepharoplasty)
- Endoscopic eyebrow lift
- Rhinoplasty (nose reshaping surgery)
- Facial Implants: Chin, Pre-Jowl, Cheeks
- Chin surgery (mentoplasty)
- Repair of prominent ears (otoplasty)
- Hair transplantation
- Skin resurfacing: laser, chemical peels

### ► **What kind of functional or reconstructive procedures does a facial plastic surgeon perform?**

- Repair of nasal airway
- Repair of facial lacerations and torn earlobes
- Excision of skin lesions
- Reconstruction after removal of skin cancer
- Scar revision

### ► **What happens after I recover from facial plastic surgery?**

Your care does not stop after your incisions have healed. Dr. Shohet will encourage you to adopt a facial health maintenance program to maximize your improvements. The human body has the ability to slow the facial aging process with attention to proper nutrition, vitamins, exercise, and quality skin care. By adopting a holistic approach to facial health, we can create long-lasting results.

### ► **What things are available to help improve my appearance besides surgery?**

- BOTOX® to relax facial muscles and wrinkles, treat excessive underarm sweating
- Fillers (e.g., CosmoDerm™, CosmoPlast™, Restylane®, Hylaform®, Captique™) to fill lines and/or augment lips
- Radiesse™ to fill deep lines and/or grooves
- Sculptra™ to restore facial volume
- Prescription-strength sunblocks and skin care products
- Laser hair removal
- Laser treatments and/or sclerotherapy for spider veins
- Laser treatments for brown spots and/or red spots
- Laser treatments to remove unwanted tattoos

### ► **Does health insurance cover the cost of facial plastic surgery?**

Facial plastic surgery that is performed solely to improve one's appearance is usually not covered by health insurance. All fees for aesthetic facial plastic surgery are due in full prior to the procedure.

A consultation fee is charged at the time of your visit with Dr. Shohet. This fee is applied towards the cost of any surgical procedure. Digital photographs are taken during the consultation and computer imaging may be performed at no additional charge.

Facial plastic surgery that is performed to reconstruct defects from cancer surgery, repair facial lacerations, remove upper eyelid skin that is causing peripheral visual loss documented by an eye doctor, repair a broken nose, or improve the nasal airway may be partially or completely covered by health insurance. As a physician, Dr. Shohet's relationship is with you, not your insurance company. Therefore, it is your responsibility to contact your insurance company to determine what benefits are covered under your plan.

### ► **How may I learn more about facial plastic surgery?**

You may learn more about facial plastic surgery from many sources, including your facial plastic surgeon. Dr. Shohet is always available to serve as a resource to answer your questions about facial plastic surgery. You may also choose to visit our practice's website, [www.advfacialplastics.com](http://www.advfacialplastics.com). In addition, you may visit [www.aafprs.org](http://www.aafprs.org) to obtain information from the American Academy of Facial Plastic and Reconstructive Surgery.